



# GYC Jr. Sailing Rating Standards



## REQUIREMENTS FOR JR. SKIPPER RATING

### Optimist & Open Bic

- \_\_\_ 1. Pass the Jr. Skipper Written Test.
- \_\_\_ 2. Successfully complete proper boat check-out forms:
- \_\_\_ 3. Properly rig the boat.
- \_\_\_ 4. Demonstrate proficient sailing skill in at least 5 knots of wind:
  - a. Show an understanding of different points of sail.
  - b. Complete three consecutive tacks.
  - c. Complete three consecutive controlled jibes.
  - d. Complete prompt and successful MOB recovery.
  - e. Successfully complete a wet capsize recovery.
  - f. Explain right away rules.
- \_\_\_ 5. Properly derig the boat.
- \_\_\_ 6. Complete proper boat check-in:
  - a. Remove yellow form and fill in return time.
  - b. Complete any necessary damage reports.
- \_\_\_ 7. Display consideration for the safety of lives and for the protection of club equipment.

## REQUIREMENTS FOR SKIPPER RATING

### Sunfish, Flying Scots

- \_\_\_ 1. Pass the Skipper Written Test.
- \_\_\_ 2. Successfully complete proper boat check-out forms:
- \_\_\_ 3. Properly rig the boat.
- \_\_\_ 4. Demonstrate proficient sailing skill in at least 5 knots of wind:
  - a. Show an understanding of different points of sail.
  - b. Complete three consecutive tacks.
  - c. Complete three consecutive controlled jibes.
  - d. Complete prompt and successful MOB recovery.
  - e. Successfully complete a dry capsize recovery.
  - f. Explain right away rules.
- \_\_\_ 6. Complete proper boat check-in:
  - a. Remove yellow form and fill in return time.
  - b. Complete any necessary damage reports.
- \_\_\_ 7. Display consideration for the safety of lives and for the protection of club equipment.

## REQUIREMENTS FOR ADVANCED RACING RATING

### Laser, 420, F/S

- \_\_\_ 1. Pass the Advanced Racer Written Test.
- \_\_\_ 2. Successfully complete proper boat check-out:
- \_\_\_ 3. Properly rig the boat:
  - a. Demonstrate correct tying of a figure 8, square, bowline, rolling hitch and cleating knot.
  - b. Cunningham, boom vang, and outhaul should be set appropriately for wind conditions.
- \_\_\_ 4. Demonstrate good sailing skill in at least 15 knots of wind:
  - a. **Important:** Student needs to be hiking out.
  - b. Complete three consecutive roll tacks.
  - c. Complete three consecutive controlled roll jibes.
  - d. Complete prompt and successful MOB recovery.
  - e. Successfully complete a dry capsize recovery.
  - f. Explain starting sequence and racing flags.
  - g.
- \_\_\_ 5. Properly derig the boat.
- \_\_\_ 6. Complete proper boat check-in:
  - a. Remove yellow form and fill in return time.
  - b. Complete any necessary damage reports.
- \_\_\_ 7. Display consideration for the safety of lives and for the protection of club equipment.